



What Are Good Study Skills?

Tips for making the most of your studying time

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Tip # 1: Become Familiar With Your Subject

Review your syllabus.

Review your materials for the class.

Check with your instructor regarding any questions that you might have about any of the class materials.



Tip #2: Create An Appropriate Studying Environment

Limit the noise levels within the environment.

Choose an environment with appropriate lighting.

Choose an environment that has an appropriate set up for you.

Ex: furniture, supplies, etc.



Tip #3: Get Everything You Need Together Before You Sit Down To Study

Gather your pens, pencils, and notebooks before you begin to study.

Have your textbooks, study guides and notes together before you begin to study.

Have your laptop, (if needed) ready to go before you begin to study.

HINT: This will help you maximizes your study time.



Tip #4: Set Up A Study Time Schedule

Create a specific/consistent schedule for studying.

EX: Tuesday: 5pm – 8 pm (every week)

Create a specific/consistent schedule for each class/subject.

Hint: This will help you improve your time management/study skills.



Tip #5: Avoid Distractions

Limit the amount of/frequency of the interactions you have with others while studying.

Make sure potential distractions such as the TV and/or radio are turned off.

If distractions do occur (people) politely ask them to remove themselves from your environment (if possible).



Tip #6: Take Breaks

When feeling overwhelmed take a break for a least one hour.

Examples of good breaks include:

Taking a walk.

Getting some coffee with a friend.

Reading a good book.

After an hour go back to what you are doing. You will be surprised how reenergized you feel!



Tip #7: Ask Questions

NO QUESTION IS SILLY OR UNIMPORTANT!

If you are unsure about something connected to your classes/studying agenda and need to seek assistance you can ask:

**Your instructor
A classmate
Any SCTC Tutor**

Always ask questions! This will help you succeed as a student at the SCTC. We are all here to help!



For More Information:

See these websites:

http://www.huffingtonpost.com/2010/09/08/study-tips-for-college-n_709096.html#s136089title=Alternate Study Spaces

<http://www.cod.edu/people/faculty/fancher/study.htm>

<http://www.csc.edu/learningcenter/study/studymethods.csc>

